



| ALL DAY BRUNCH |

THE POPULUS Scramble	/22
<i>soft & creamy scrambled eggs, fresh herb mélange, marinated feta, turkey bacon, toasted croissant</i>	
Deluxe + Lobster Bisque & Crab Meat Scramble	+6
Populus All Day Big Breakky	/28
<i>poached 64° eggs, aerated hollandaise, potato rosti, mixed mushrooms, seasonal greens, homemade baked beans CHOICE OF chicken harissa sausage OR Norwegian smoked salmon</i>	
Change to 64° Fried Eggs	+1
'Breakfast of Champions'	/35
<i>wagyu steak, fried eggs, potato rosti, homemade baked beans, house ranch dressing, homemade BBQ sauce</i>	
Avocado SUPERFOOD Green Platter (V)	/24
<i>kale, charred broccoli, spinach, chunky avocado, cottage cheese, feta, pumpkin seeds, dukkah, mixed grains, multigrain bread, poached 64° egg</i>	
Add + Crab Meat	+6
Substitute - Scrambled Eggs	+3
Populus French Toast (V) (~20min)	/23
<i>baked vanilla brioche, seasonal fresh fruit, caramelized bananas, hazelnut feuilletine, scented natural yogurt, flowers</i>	
Tuscan Lamb Harissa Baked Egg	/25
<i>rich chunky homemade tomato sauce, slow roasted Tuscan lamb, soft 64° egg, greek yogurt, sumac, fresh lime, ciabatta</i>	
Add + Ciabatta Toast	+4
Spring Pancake & Fried Chicken	/25
<i>spring onion & corn pancake, signature fried chicken thigh fillet, hint of cumin, house special ranch dressing</i>	

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| ALL DAY BRUNCH |

- Buckwheat Pancakes (V) (~20min)** /23
soft & fluffy buckwheat pancake, mixed berry compote, passionfruit curd, cornflake crumb, maple syrup, flowers
- Halibut & Leek** /26
roasted Atlantic Halibut, braised leek with turkey bacon, chunky mashed potatoes, creamy roasted garlic sauce, dill
- Slow Cooked Beef Cheek** /28
tender slow cooked beef cheek, chunky mashed potato, kale, spinach, cherry tomatoes, toasted breadcrumbs
- Fish & Chips** /26
tempura Atlantic Halibut, paprika shoestring fries, truffle aioli, lemon, seasonal greens
Change to Truffle Shoestring fries with Parmesan +4.0

| BURGERS |

- 'Surf & Turf' Lobster Burger** /40
150g Australia grass fed beef, butter poached Boston lobster tail, housemade chili & coriander jam, red cabbage & apple slaw, paprika shoestring fries
- Grass fed Beef Burger** /25
150g Australia grass fed beef, gruyere cheese, homemade chili & coriander jam, mustard mayo, pickles, paprika shoestring fries
- Populus Fried Chicken Burger** /23
signature crispy succulent fried chicken thigh fillet, turkey bacon, apple & red cabbage slaw, paprika shoestring fries
- Change to Truffle Shoestring fries with Parmesan** +4.0
Add + Overeasy Fried Egg +2.5

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| PASTA |

- Seafood Linguine** /28
linguine braised in homemade lobster bisque, crab meat, seared scallops, tobiko, roasted cherry tomatoes
- Deluxe + Butter poached Boston Lobster Tail** +14
- Grass Fed Beef Ragu Mafaldine** /25
curly ribbon pasta, slow cooked hand pulled grass fed beef, rich spiced tomato sauce, parmesan
- Hearty Bolognese** /23
grass fed lean minced beef Bolognese, mixed mushrooms, diced vegetables, linguine
- Mushroom & Truffle Carbonara** /23
French Morels, mixed mushrooms, turkey bacon, 64° soft egg, white truffle oil, garlic & cream sauce, linguine
- Pesto & Mushroom (V)** /22
housemade kale & walnut pesto, confit mixed mushrooms, fresh chili, linguine, parmesan, lime

| SALADS |

- Roasted Halibut & Soba** /25
roasted Atlantic Halibut, chilled soba noodles, mixed mushrooms, lightly pickled vegetables, edamame, lime & sesame dressing
- THE POPULUS Green Bowl (V)** /22
roasted broccoli, kale, spinach, brussel sprouts, fennel slaw, roasted butternut squash, cottage cheese, pumpkin seeds, dukkah, cherry tomatoes, mixed grains, dill

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THE
POPULUS
COFFEE & FOOD CO.

| **GRAIN BOWLS** |

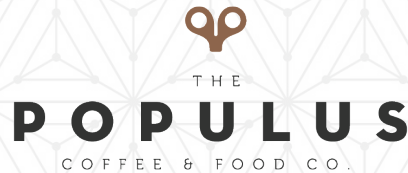
Roast Chicken	/22
<i>Extra + Roast Chicken</i>	+5
Slow Cooked Lamb	/23
<i>Extra + Lamb</i>	+6
Wagyu Beef	/26
<i>Extra + Beef</i>	+8

All grain bowls served with wild & brown rice salad, furikake baby corn, red cabbage & apple slaw, sweet pickled cucumber, roasted butternut squash with yogurt & herb dressing, roasted cherry tomatoes, mixed mushrooms, parsley, coriander & red peppers

| **SMALL BITES** |

Truffle Fries with Parmesan Cheese	/14
Maple Butter Tater Tots	/14
Shoestring Fries	/10
Sweet Potato Fries	/12
Buttermilk Buffalo Wings with Sriracha	/14
Charred Brussel Sprouts	/14
<i>brussel sprouts, furikake, pickled beetroot, tobiko, bonito flakes, brown butter dip</i>	

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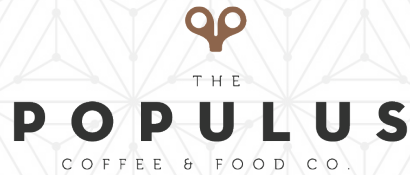
| DONBURI RICE BOWLS |

'Bounty of the Sea' Mixed Grains	/27
<i>roasted Atlantic halibut, seared scallops, crab meat, red cabbage & apple slaw, lightly pickled cucumber, pickled ginger, wild & brown rice</i>	
Deluxe + Aburi poached Boston Lobster Tail	+14
Populus 'Chicken Rice'	/23
<i>signature fried chicken cutlet, onsen egg, ginger & spring onion salsa, furikake, seasonal vegetables, seasoned Japanese white rice</i>	
Extra + Fried Chicken	+6
Teriyaki Salmon	/24
<i>roasted teriyaki salmon, flying fish roe, onsen egg, furikake, seasonal vegetables, seasoned Japanese white rice</i>	
Extra + Salmon	+6
Truffle Wagyu Beef	/26
<i>seared wagyu beef, savoury onion & apple sauce, onsen egg, furikake, seasonal vegetables, seasoned Japanese white rice</i>	
Extra + Wagyu Beef	+8

| EXTRAS |

+ Norwegian Smoked Salmon	/6
+ Harissa Chicken Sausage	/5
+ Mixed Mushrooms	/5
+ Turkey Bacon	/5
+ Sunny side (2 eggs); Scrambled (2 eggs)	/6.5
+ Soft 64° poached egg	/2.5
+ Extra Toast (Multigrain; Wholemeal; Brioche)	/5

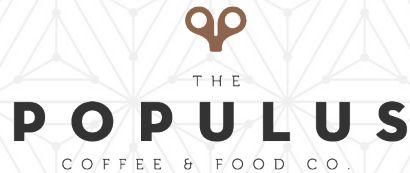
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| DESSERTS |

Lemon & White Chocolate Sundae <i>Tahitian vanilla ice cream, fresh lemon jelly, lemon curd, white chocolate sauce, cornflake crumb, honey citron</i>	/15
Strawberry & Elderflower Sundae <i>Tahitian vanilla ice cream, strawberry sauce, elderflower jelly, fresh strawberries, hazelnut crumb, sumac, pomegranate</i>	/15
+ BUTTERMILK WAFFLE (~20 MIN)	/6
Plain Buttermilk Waffle (~20min) <i>butter & maple syrup</i>	/12
Sticky Date Pudding <i>with salted caramel sauce, premium vanilla bean ice cream, cornflake crumbs</i>	/13
Niko Neko Ajisai Matcha Lava Cake <i>with premium vanilla bean ice cream, raspberry coulis</i>	/14
Homemade Tarts & Cakes <i>please enquire about today's selection</i>	/from 8.0

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| DRINKS |

| SPECIALTY COFFEE |

*By 2° NORTH COFFEE CO.
Brazil & Ethiopia Blend*

BLACK / 5 (Full Body)
WHITE 6oz / 6 (Full Body)
WHITE 8oz / 6.5 (Balanced)
'Magic' / 6.5
Gibraltar / 5
Caffe Mocha / 7

| FRUIT JUICE |

*Orange; Apple; Carrot / 7
(No Ice)*

| SMOOTHIES |

*Berry Fruit, Yogurt / 8
Banana, Vanilla, Pistachio / 8
Mango, Yogurt, Fresh Mint / 8*

ALL COFFEES ARE DOUBLE SHOT

+ Iced; Extra Shot; Decaf Coffee / 1
+ 'Soy Boy' Soy; Outside Oat Milk / 1
+ French Vanilla, Toffeenut, Hazelnut, Caramel / 0.5

| POPULUS SPECIAL EDITION |

*Iced Orange Espresso Tonic / 9
Cold White Brew / 8
Cold Mocha Brew / 8.5
Cold Drip Coffee / 7*

| SEASONAL FILTER COFFEE |

*Please enquire about today's selection / from 7
COLOMBIA | KENYA | ETHIOPIA | COSTA RICA*

| CHOCOLATE |

Junior Dark 50% / 7.5
Original Dark 70% / 7.5

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| DRINKS |

| ARTISANAL TEA |

BY TEA BONE ZEN MIND

by the pot; loose leaf; refillable

<i>Blue Earl</i>	/ 8
<i>Momo in Black</i>	/ 8
<i>Lemongrass & Jasmine</i>	/ 8
<i>Jasmine Fresh Green</i>	/ 8
<i>Lychee Oolong</i>	/ 8
<i>French Rose Buds – No caffeine</i>	/ 7.5
<i>Camomile – No caffeine</i>	/ 7.5
<i>Fresh Mint – No caffeine</i>	/ 7.5

BY NIKO NEKO

<i>Matcha 'Latte'</i>	/ 6
<i>Akane Dark Roast Hojicha 'Latte'</i>	/ 6.5
PRANA <i>Honey Chai Tea 'Soy Latte'</i>	/ 6

| COLD BREWED ICED TEA |

BY TEA BONE ZEN MIND

<i>Lychee Oolong & French Rose</i>	/ 7.5
<i>Japanese Peach, Rose & Lime</i>	/ 7.5
<i>Lemongrass & Jasmine</i>	/ 7
<i>Apple Oolong</i>	/ 7

| ARTISANAL SODAS |

<i>Fentimans Curiosity Cola</i>	/ 6.5
<i>Fentimans Rose Lemonade</i>	/ 6.5
<i>Fentimans Wild English Elderflower</i>	/ 6.5

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